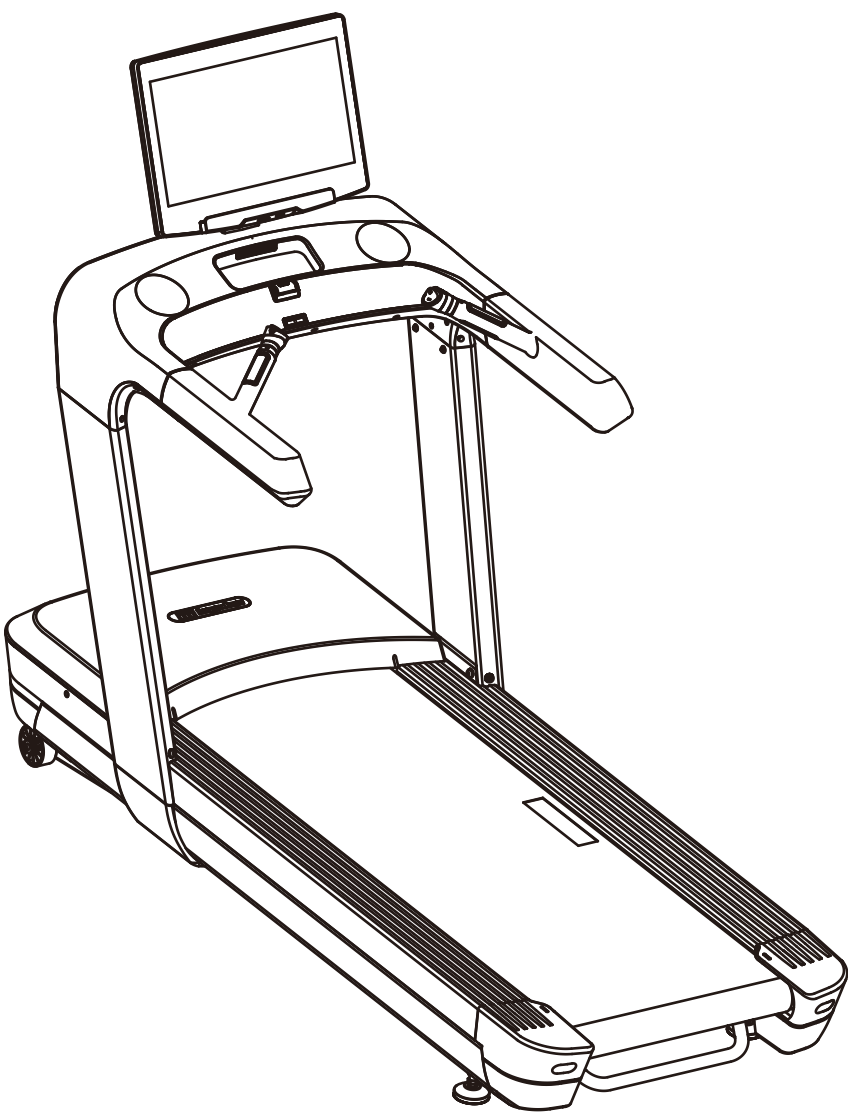




AC850TFT

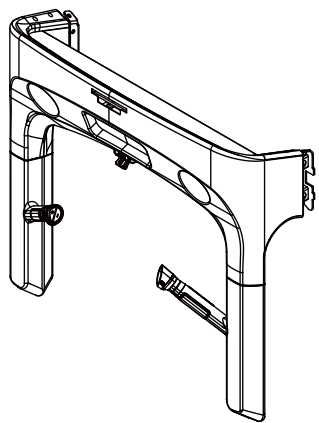
TREADMILL

ASSEMBLY GUIDE

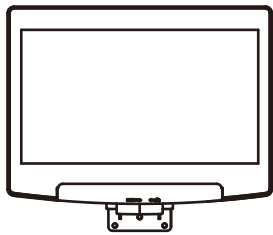
24J

CAUTION! Read all precautions and instructions in this manual before using this equipment.

Subassembly Parts List



Console base Assy



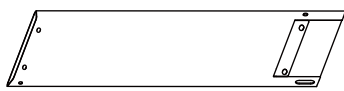
Console Assy



Left upright



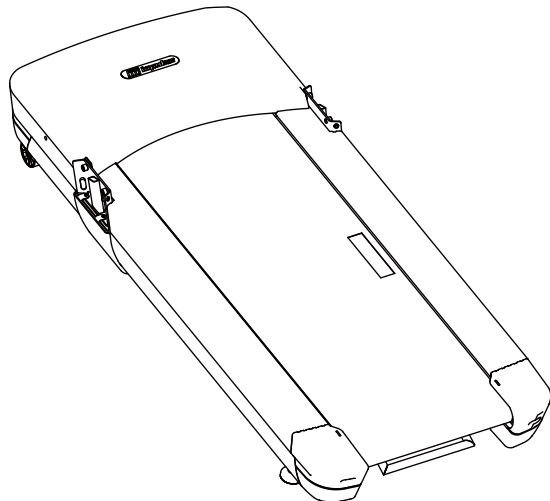
Hardware



Right upright



Manual

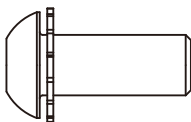


Deck frame

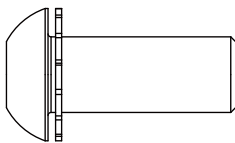


Power cord
fixing plate

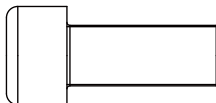
Hardware List



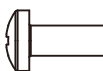
six M8*20 Hexalobular Socket Pan Head Tapping
Screws W/ Serrated Lock Washer (#16)



six M10*25 Hexalobular Socket Pan Head Tapping
Screws W/ Serrated Lock Washer (#17)



three M8*20 Socket Head Cap Screw (#18)



two M4*10 Phillip Screws (#19)



two M3*10 Phillip Screws (#24)

Diameter of bolt (mm/inch)	M6(1/4")	M8(5/16")	M10(3/8")	M12(1/2")	M16(5/8")
Tightening torque (N.m)	9~12	22~30	45~59	78~104	193~257
Operational methods for adult men	The strength of the wrist	The strength of the wrist and forearm	The strength of the entire arm	The strength of the arm and upper body	with all strength

Step 1

Open the box and take all the things out of it, then move the main frame to a level assembly place.

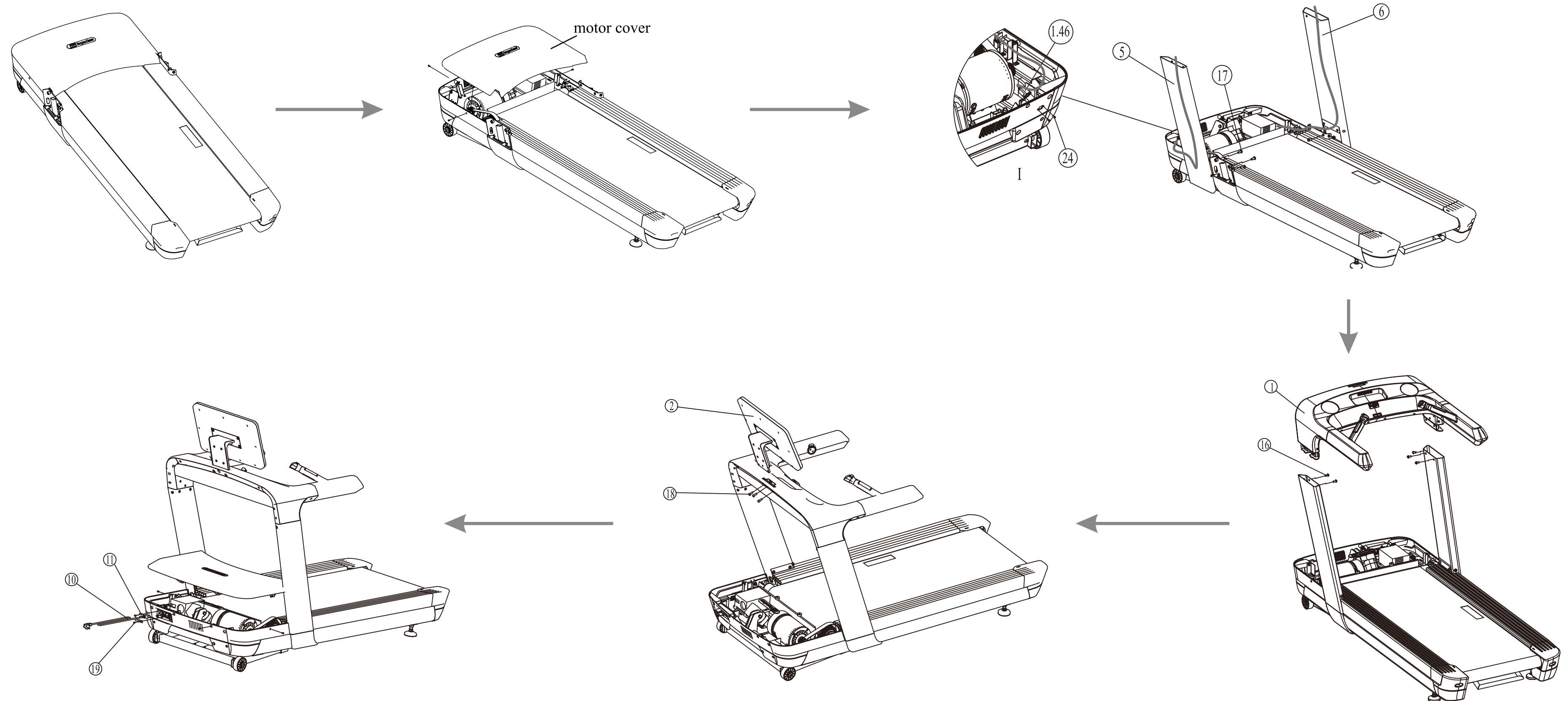
Step 2

Remove the motor cover by using:
four Phillip Screw ST4.2*13

Step 3

1. Attach the left upright and the right upright (#5,#6) to the main frame using:
six M10*25 Hexalobular Socket Head Tapping Screws W/ Serrated Lock Washer (#17)
2. Fix the network wire to the position shown in the diagram I and tie it tightly with
Screws and zip ties using:
two M3*10 Phillip Screws (#24) three Zip ties (#25)

NOTE: Before you do this step, please put the console wire down through the Right upright, put the network wire through the left upright. Don't tighten the screw.



Step 6

1. Assemble back the motor cover using four Phillip Screw ST4.2*13.
2. Assemble the Power cord (#10) and the Power cord fixing plate (#11) using:
two M4*10 Phillip Screws (#19)

Step 5

After linked the console up wire to the console middle wire.
Assemble the console to the console base assy using:
three M8*20 Socket Head Cap Screw (#18)

Step 4

1. Fix the console assemble onto the uprights and tighten the screws using:
six M8*20 Hexalobular Socket Pan Head Tapping Screws W/ Serrated Lock Washer (#16)
 2. Connect the console wire up to the console wire down on the right side.
 3. Connect the network wire up to the network wire down on the left side.
- NOTE:** Don't damage to the console link Wire when install the console assembly.